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**Dated: 31.08.2018**

**CG & AC/116176/2018/HSE**

**Circular**

**Sub:-** Student Centric Programme-KARUTHU –Training on Self-Defense for Higher Secondary Girl Students – Implementation- Planning Meeting-reg.

Career Guidance and Adolescent Counseling Cell has proposed to organize a special programme “**KARUTHU**” aiming for the development of physical, social and mental health of the students. As part of the programme, it is decided to conduct training on self-defense to girl students of Higher Secondary sector.

A meeting to discuss the implementation of *Karuthu Programme* in Higher Secondary Education Department during the year 2018-19 is scheduled at *Hotel South Regency, Near South Railway Station, Ernakulam on 04<sup>th</sup> of September 2018 form 09.30am .*

One teacher who can be selected as convener for *Karuthu Programme* 2018-19 is directed to attend the programme.

List of provisionally selected schools for the implementation of the *Karuthu Programme* during the year 2018-19 is given below.

SL. NO	DISTRICT	SCHOOL CODE	DISTRICT	NAME OF SCHOOL	ITEAM SANCTIONED FOR TRAINING
1	Trivandrum	1006	Trivandrum	Govt.V&Girls HSS Manacaud	Taekwondo
2	Trivandrum	1007	Trivandrum	Govt. Medical College HSS	Taekwondo
3	Trivandrum	1009	Attingal	G.G.H.S.S.Nedumangad	Taekwondo
4	Trivandrum	1021	Trivandrum	Govt. Model HSS For Girls Pattom	WUSHU
5	Trivandrum	1042	Attingal	Govt.VHSSVellanad	Taekwondo
6	Kollam	2025	Kottarakara	GHSS Shasthamkotta	Judo
7	Kollam	2034	Kottarakkara	GOVT HSS,PUTHUR	Taekwondo
8	Kollam	2047	Kollam	St.Antony's HSS Kanjiracode	Taekwondo
9	Kollam	2073	Kottarakkara	KPMHSS Cheriyanvelinellor	Taekwondo
10	Kollam	2048	Kollam	SNDP Yogam HSS Neeravil	Karate
11	Kollam	2066	Kottarakkara	DVNSSHSS POOVATTOOR,	Taekwondo
12	Pathanamthitta	3006	Pathanamthitta	Govt.HSSKalanjoor	Taekwondo
13	Alappuzha	4016	Mavelikara	KKM GHSS Elipakulam	Taekwondo

14	Alappuzha	4029	Alappuzha	LajnathulMuhammadiya.H.S.S	Taekwondo
15	Alappuzha	4040	Mvelikkara	Bishop Hodges HSS Mavelikara	Karate
16	Alappuzha	4047	Cherthala	ST. FRANCIS ASSISSI HSS, ARTHINKAL	Taekwondo
17	Alapuzha	4068	Alapuzha	HSS Thiruvambady	Taekwondo
18	Alappuzha	4072	Cherthala	S.N.TrustH.S.S.Cherthala	Taekwondo
19	Alappuzha	4095	Alappuzha	Govt.Girls HSS Alappuzha	Taekwondo
20	Alappuzha	4099	Cherthala	Govt. HSS Thanneermukkom	Taekwondo
21	Alappuzha	4107	Alappuzha	Dr.Ambedkar memorial Govt Model Residential HSS Punnapara	Taekwondo
22	Kottayam	5037	Kanjirappally	St.john The Baptist's HSS Nedumkunnam	Taekwondo
23	Kottayam	5049	Kaduthuruthy	St.LittleTerasasGirlsHSSVaikom	Taekwondo
24	Kottayam	5059	Pala	OLL HSS Uzhavoor	Taekwondo
25	Kottayam	5060	Kottayam	ST. ANN S GHSS,	Taekwondo
26	Kottayam	5066	Kottayam	St.Joseph's G.H.S.S	Karate
27	Kottayam	5079	Pala	ST.Mary'sH.S.S.Kidangoor	Taekwondo
28	Kottayam	5121	Kaduthuruthy	GDVHSS Kudavechoor	Taekwondo
29	Idukki	6004	Kattappana	GHSS Kumiuly	karote
30	Idukki	6038	Kattappana	St. Joseph's HSS Peruvanthanam	Karate
31	Idukki	6058	Kattappana	GOVT. HSS, PATHINARAMKANDAM, RAJAMUDY,	Taekwondo
32	Idukki	6066	Thodupuzha	Govt. H S S, Bison Valley	Taekwondo
33	Eranakulam	7003	Ernakulam	GHSS Edappally	Taekwondo
34	Eranakulam	7005	Eranakulam	Govt HSS For Girls,	Taekwondo
35	Ernakulam	7010	Aluva	Govt HSS NortParavur	Taekwondo
36	Ernakulam	7011	Kothamangalam	GBHSS Perumbavoor	Taekwondo
37	Ernakulam	7036	Ernakulam	SNDPHSS Udayamperoor	Taekwondo
38	Ernakulam	7038	Kothamangalam	Jayakeralam H.S.S. Pulluvazhy	Taekwondo
39	Ernakulam	7081	Aluva	RMHSS Vadavucode	Taekwondo
40	Ernakulam	7150	Kothamangalam	GGHSS Perumbavoor	Taekwondo
41	Thrissur	8022	Chavakkad	GHSS Chavakkad	Taekwondo
42	Thrissur	8023	Irinjalakuda	GMHSS Nadavaramba	Taekwondo
43	Thrissur	8026	Irinjalakuda	GHSS Chaipankuzhi	Taekwondo
44	Thrissur	8031	Thrissur	Govt. Nalanada HSS Kizhuppillikkara	Judo

45	Thrissur	8052	Thrissur	ST. Clare's CGHSS Thtissur	Taekwondo
46	Thrissur	8056	Chavakkad	MASM HSS Venmenad	Taekwondo
47	Thrissur	8059	Thrissur	Sacred Heart Convent GHSS	Taekwondo
48	Thrissur	8137	Thrichur	Govt Model Girls HSSTrichur	Taekwondo
49	Palakad	9007	Ottapalam	GJHSS Naduvattam	Taekwondo
50	Palakkad	9008	Palakad	PMGHSS Palakad	Taekwondo
51	Palakkad	9009	Palakkad	GMM GHSS Palakkad	Taekwondo
52	Palakad	9012	Palakad	GHSS Vellinezhi	Taekwondo
53	Palakad	9030	Ottapalam	GHSS Kadambur	Karatae
54	Palakad	9037	Palakkad	Cherupushpam GHSS Vadakkanchery	Taekwondo
55	Palakkad	9046	Mannarkkad	Kalladi HSS Kumaramputhur	Taekwondo
56	Palakad	9054	Palakkad	CBKM GHSS Puduppariyaram	Taekwondo
57	Palakkad	9055	Palakkad	MESHSS Mannarkkad	Taekwondo
58	Palakad	9081	Palakad	GGHSS Nenmara	Karatae
59	Palakad	9091	Palakkad	GGHSS Alatur	Taekwondo
60	Kozhikode	10001	Kozhikode City	GovtGanapath Model Girls HSS Chalappuram	Taekwondo
61	Kozhikode	10005	Vadakara	GOVT GIRLS HSS, KOYILANDY,	Kalaripayattu
62	Kozhikode	10006	Kozhikode	Govt. Model HSS, Kozhikode	Taekwondo
63	Kozhikode	10007	Vadakara	GHSS Kuttiady	Taekwondo
64	Kozhikod	10023	Vadakara	GVHSS Payyoli	Judo
65	Kozhikode	10025	Kozhikode	Govt Girls HSS Nadakavu	Karatae
66	Kozhikode	10035	Thamarassery	NADUVANNUR HSS,VAKAYAD	Taekwondo
67	Kozhikode	10044	KOZHIKKODE	CHENNAMANGALLUR HSS,MUKKAM,	Judo (Taekwondo)
68	Kozhikode	10046	Kozhikode	St Joseph HSS	Taekwondo
69	Kozhikode	10066	KOZHIKKODE	PROVIDENCE HSS FOR GIRLS , NADAKKAVU,	Taekwondo
70	Kozhikode	10097	Kozhikode	Govt. HSS Azhchavattom	Kalaripayattu
71	Kozhikode	10101	Thamarassery	GHSS Karuvanpoyil	Taekwondo
72	Kozhikode	10153	Vadakara	KMHSS Kottakal	Taekwondo
73	Kozhikode	10161	Thamarachery	VMHMHSSAnayamkunnu	Taekwondo
74	Kozhikode	10173	KOZHIKKODE	ST. Michael's Girls' Higher Secondary School, Westhill,	Kalaripayattu
75	Malappuram	11011	Malappuram	GOVT RAJAH S HSS, KOTTAKAL	Taekwondo
76	Malappuram	11012	Tirur	GHSS Kokkur	Taekwondo

77	Malappuram	11014	Malappuram	GOVT HSS,KUNNAKKAVU	Taekwondo
78	Malappuram	11015	Wandoor	GOVT HSS,THIRUVALI,	Taekwondo
79	Malappuram	11021	Thirur	GHSS Edapal	wushu
80	Malappuram	11029	Malappuram	Govt HSS Anamangad	Taekwondo
81	Malappuram	11046	Malappuram	DUHSS THOOTHATHA	Taekwondo
82	Malppuram	11049	Thirurangadi	CBHSS Vallikunnu	Karata
83	Malapuram	11061	Malappuram	PTM HSS Thazhekod	Taekwondo
84	Malappuram	11076	Thirur	A.R.HSS FOR GIRLS, PAVITTAPURAM,	Karate
85	Malappuram	11125	Thiroorangadi	KHM HSS Niramathur	Taekwondo
86	Malappuram	11146	WANDOOR	GOVT. HSS, PORUR,	Taekwondo
87	Malappuram	11152	Thirur	Govt HSS Irimbilyam	Karatae
88	Malappuram	11154	Thirur	GOVT. HSS, MATTUMMAL, ATHAVANAD,	Taekwondo
89	Malapuram	11214	Malappuram	National HSS	Kalaripayate
90	Malappuram	11223	Thirurangadi	KHMHSS Valakulam	Taekwondo
91	WAYANAD	12002	WAYANAD	GOVT HSS, MEENANGADI, WAYANAD	Taekwondo
92	WAYANAD	12005	Wayanad	GHSS Thariode	Taekwondo
93	KANNUR	13021	KANNUR	GHSS Chala	Taekwondo
94	KANNUR	13063	Thalassery	KPC HSS Pattanur	Taekwondo
95	KANNUR	13131	Thaliparamba	GHSS For Girls Madayi	Taekwondo
96	KANNUR	13170	Thaliparamba	Sir Syed HSS, Thaliparamba	Taekwondo
97	KASARAGOD	14007	Kanhangad	GHSS Kakkat	Taekwondo
98	KASARAGOD	14016	Kanhangad	GHSS Chayoth	Taekwondo
99	KASARAGOD	14056	Kasaragod	GHSS Chemnad	Taekwondo
100	KASARAGOD	14060	Kanhangad	GHSS Balla East	Taekwondo

**If the provisionally selected schools are not attending the planning meeting will be excluded from the final list.**

**Sd/-  
DIRECTOR**

**To,**

1. All Regional Deputy Directors
2. The Principals