

**PROCEEDINGS OF THE DIRECTOR OF HIGHER SECONDARY EDUCATION,  
HOUSING BOARD BUILDINGS, SANTHI NAGAR, THIRUVANANTHAPURAM**

Sub: HSE-Student Centric Programme-Karuthu Programme-Sanction of New Centres-  
orders issued

**CG & AC/ 54873/2014**

**Dated:21.01.2015**

- Read:1. G.O.(Rt) 3369/2014/Gl.Edn dated 22/08/2014  
2. Even No. Circular dated 01.12.2014 of the Director, HSE

**ORDER**

Karuthu is a programme envisaged for the development of physical, social and mental health of the students. As part of the programme it is decided to provide self-defense training to the girl students of the selected Higher Secondary Schools.

As per the reference 1<sup>st</sup> cited, Government have accorded administrative sanction for starting Karuthu Programme to one school each in all Educational Districts of the State. Accordingly applications were invited from the Principals of the interested Schools for setting up Karuthu Centres in their schools. Applications received were scrutinized and sanction is accorded to start 40 centres in the State during the year 2014-15. Details of Selected Higher Secondary Schools where Karuthu Programme is sanctioned are given below:

Sl.No	District	School Code	Name of School	Item selected for training
1	TVM	1009	GGHSS Nedumangad	Taekwondo
2	TVM	1084	DVMNMMHSS, Maranalloor	Taekwondo
3	TVM	1130	GGHSS, Peroorkada	Taekwondo
4	KLM	2018	GHSS Anchalumoodu	Taekwondo
5	KLM	2065	St.Goretti HSS, Punalur	Taekwondo
6	KLM	2066	DVNSS HSS Poovathoor	Taekwondo
7	PTA	3006	GHSS, Kalanjoor	Taekwondo
8	PTA	3049	SVG V HSS, Kidangannur	Taekwondo
9	ALP	4034	Aravukad HSS, Punnapra	Taekwondo

10	ALP	4040	Bishop Hodges HSS,Mavelikkara	Karate
11	ALP	4047	St.Francis Assisi HSS, Arthunkal	Taekwondo
12	KTM	5037	St.John The Baptist HSS, Nedumkunnam	Taekwondo
13	KTM	5060	St.Anne's HSS Kottayam	Taekwondo
14	KTM	5079	St.Marys HSS, Kidangoor	Taekwondo
15	KTM	5082	St.Anne's HSS Kurianad	Taekwondo
16	IDI	6004	GHSS, Kumily	Karate
17	IDI	6008	Govt Tribal HSS, Poomala	Taekwondo
18	EKM	7011	GBHSS, Perumbavoor	Taekwondo
19	EKM	7036	SNDP HSS, Udayamperoor	Taekwondo
20	EKM	7081	Rajarshi Memorial HSS, Vadavucode	Taekwondo
21	EKM	7152	GHSS, Mamalasserry	Taekwondo
22	TSR	8012	Govt.Model HSS for Boys, Thrissur	Kunfu
23	TSR	8026	GHSS Chaipankuzhi	Taekwondo
24	TSR	8056	MASM HSS Venmenad	Taekwondo
25	PKD	9027	GHSS Ganeshgiri, Shornur	Taekwondo
26	PKD	9151	Lourde Matha HSS, Mangalam Dam	Karate
27	PKD	9046	Kalladi HSS, Kumaramputhur	Taekwondo
28	KKD	10005	Govt Girls HSS, Koyilandy	Kunfu
29	KKD	10035	NHSS, Vakayad	Taekwondo
30	KKD	10177	KR HSS Purameri	Taekwondo
31	MLP	11125	GHSS Nirammaruthur	Taekwondo
32	MLP	11130	GVHSS, Omannur	Taekwondo

33	MLP	11146	GHSS Porur	Taekwondo
34	MLP	11154	GHSS Athavanad	Taekwondo
35	WYD	12034	GHSS Panamkandu	Taekwondo
36	KNR	13040	Govt HSS, Kuthuparamba	Taekwondo
37	KNR	13012	Peralasserry AKGSGHSS	Karate
38	KNR	13131	GHSS for Girls, Madayi	Taekwondo
39	KSGD	14007	GHSS Kakkad	Taekwondo
40	KSGD	14056	GHSS Chemnad	Taekwondo

**Sd/-**  
**DIRECTOR**

To,

1. The Senior Administrative officer, DHSE
2. The Finance Officer, DHSE
3. Regional Deputy Directors
4. Principals concerned