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## GOVERNMENT OF KERALA

No. 32792/Cdn.4/2015/GAD

General Admn.(Co-ordination) Department,  
Dated, Thiruvananthapuram, 02-06-2015.C I R C U L A R

Sub:- General Administration - Celebration of International Day of Yoga within the state on 21<sup>st</sup> June 2015 - Instructions issued.

- Read:- 1). D.O. Letter No. S-11012/09/2015-EC dated 05/05/2015 from Shri. Nilanjan Sanyal, Secretary, Ministry of Ayush, Government of India.  
2). D.O. Letter No. T-11011/01/2015-IT Cell dated 11/05/2015 from Shri. Nilanjan Sanyal, Secretary, Ministry of Ayush, Government of India.  
3). Minutes of the meeting held by Chief Secretary on 06-05-2015.

8/6/15

As part of the resolution declaring 21<sup>st</sup> June as the International Day of Yoga by the United Nations, Government of India has decided to celebrate the day by holding mass yoga demonstrations throughout the country on 21<sup>st</sup> June 2015 from 7 to 7.35 a.m. They have also requested to issue necessary direction to hold mass yoga demonstration at State headquarters level/District/Block/ Panchayath levels and at Schools, Colleges, Universities, etc.

Having examined the matter in detail, government hereby instructs all District Collectors, Heads of Departments, Heads of Public Sector Undertakings and Autonomous Bodies to hold a mass yoga demonstration at the state/District/Block/Panchayath level on 21<sup>st</sup> June 2015 (Sunday) from 7 to 7.35 a.m as part of the celebrations throughout the country. The state level function will be held at Kochi, vide letter read (3) above. Apart from Mass Yoga Demonstration, all Government Offices and Educational Institutions shall organise Symposium/Seminars/Workshop/Training sessions on yoga to generate awareness about the benefits and therapeutic values of Yoga. An instructional booklet detailing the common protocol of various Yoga Asanas prepared by the Ministry of Ayush has been uploaded in the National Health Portal ([www.nhp.gov.in](http://www.nhp.gov.in)) and on the Ministry's website <http://indianmedicine.nic.in>.

All District Collectors are directed to visit the web page on International Day of Yoga on National Health Portal and take necessary steps for uploading the following information on the portal for the smooth, systematic and effective celebration of the day in District Levels.

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- i. Information regarding the name and number of places in their jurisdiction where the event will be organized on International Day of Yoga along with the expected number of persons supposed to attend the event should be updated prior to the event.
- ii. Location-wise information of the function with the actual number of participants has to be updated soon after the event along with the photographs and video clips

(Regarding the number and format of the photograph and video clips, it shall be decided and provision for the same shall be made on the webpage for International Day of Yoga on the NHP portal)

For the Purpose of uploading of information, all District Collectors will be provided with a user ID with the help of NHP (National Health Portal) and NIC officials. All District Collectors shall contact NHP or NIC officials (Contact No. 0471- 2729894/ Mob: 9847186194) for availing the user ID for uploading information, photographs and videos in the NHP portal. In case, any event is proposed to be webcast, the intimation may be given to Ministry of Ayush, Government of India for arranging the assistance of NIC Authorities.

Sd/-  
**JIJI THOMSON**  
 Chief Secretary

Enclt. NO. Acd ch/26404/HSE/2015 Dated: 12/06/2015

For information and necessary action.



*[Signature]*  
 12/6/15  
 Joint Director  
 (Academic)

- TO
1. The Regional Deputy Director  
 TUPM/KTGM/EKLM/MLPM/KKD/KNR
  2. All higher Secondary School principals