

CG & AC-2/2597/2019/HSE

Circular

Sub:- Student Centric Programme-KARUTHU –Training on Self-Defense for Higher Secondary Girl Students – Implementation- Planning Meeting-reg.

Career Guidance and Adolescent Counseling Cell has proposed to organize a special programme “**KARUTHU**” aiming for the development of physical, social and mental health of the students. As part of the programme, it is decided to conduct training on self-defense to girl students of Higher Secondary sector.

A meeting to discuss the implementation of *Karuthu Programme* in Higher Secondary Education Department during the year 2019-20 is scheduled at *Hotel South Regency, Near South Railway Station, Ernakulam on 12th of July 2019 form 09.30 am .*

One teacher who can be selected as convener for *Karuthu* Programme 2019-20 is directed to attend the programme.

List of provisionally selected schools for the implementation of the *Karuthu Programme* during the year 2019-20 is given below.

SL.No	Name of School	School code	Type of School	Dist	Name of Items
1	GGHSS Nedumangadu	1009	Govt	Thrivandrum	Taekwondo
2	G.H.SS Tholicode	1020	Govt	Trivandrum	Taekwondo
3	Govt HSS For Gi9rls Pattom	1021	Govt	Trivandrum	Wushu
4	Govt. VGHSS Velland	1042	Govt	Trivandrum	Taekwondo
5	M.V.HSS, Arumanoor	1061	Aided	Trivandrum	Judo
6	Govt. Hss Sasthamcotta	2025	Govt	Kollam	Taekwondo
7	DVNSS HSS Poovattoor	2066	Aided	Kollam	Taekwondo
8	KPMHss, chiryankil, Alathur	2073	Aided	Kollam	Taekwondo
9	Govt. HSS, Thottakonam	3008	Govt	Pathananhitta	Taekwondo
10	M.G.M HSS Tiruvalla	3016	Aided	Pathananhitta	Taekwondo
11	KKM GHSS Elippakkulam	4016	Govt	Alappuzha	Taekwondo
12	Lajathul Mahammadeen HSS	4029	Aided	Alappuzha	Taekwondo
13	Aravukad HSS Punnapra	4034	Aided	Alappuzha	Taekwondo
14	Bishop Hodgees Hss, mavelikara	4040	Aided	Alappuzha	Karate
15	S.D.V.B.H.S.S, Alappuzha	4052	Aided	Alappuzha	Taekwondo
16	HSS Thiruvampady	4068	Aided	Alappuzha	Taekwondo
17	S.N. Trust HSS, Cherthala	4072	Aided	Alappuzha	Taekwondo

18	Govt. Girls HSS	4095	Govt	Alappuzha	Taekwondo
19	Dr Ambedkar Memorial Model Residential HSS Punnapara	4107	Govt	Alappuzha	Taekwondo
20	Govt. HSS Paravoor	4111	Govt	Alappuzha	Taekwondo
21	M.G..Govt.H.SS, Pala	5006	Govt	Kottayam	Taekwondo
22	St . Johnthm Baptist HSS Nedumkunnam	5037	Aided	Kottayam	Taekwondo
23	St Little Teresa Girls Hss	5049	Aided	Kottayam	Taekwondo
24	OLL HSS Uzhavoor	5059	Aided	Kottayam	Taekwondo
25	St. Annes HSS Kottayam	5060	Aided	Kottayam east	Taekwondo
26	St. Joseph's GHSS, Changanacherry	5066	Aided	Kottayam	Karate
27	GHSSS , Pathinaramkundam	6058	Govt	Idukki	Taekwondo
28	MES HSS Vandanmedu	6063	Aided	Idukki	Taekwondo
29	GHSS Bisonvalley	6066	Govt	Idukki	Taekwondo
30	GHSS Edapaaly, Eranakulam	7003	Govt	Earnakulam	Taekwondo
31	Govt.HSS form Girls , Ernk	7005	Govt.	Earnakulam	Taekwondo
32	GBHSS Perumbava	7011	Govt	Ernakulam	Taekwondo
33	GHSS Chathamattom	7016	Govt	Ernakulam	Taekwondo
34	Govt. HSS, Mulanthuruthy	7023	Govt	Earnakulam	Taekwondo
35	S..N.D.P HSS Udayamperoor	7036	Aided	Ernakulam	Taekwondo
36	Jayakeralam, HSS, pulluvazhi	7038	Aided	Ernakulam	Taekwondo
37	St. Francis HSS For Girls Aluva	7072	Aided	Ernakulam	Taekwondo
38	RMHSS Vadavucode	7081	Aided	Earnakulam	Taekwondo
39	Govt. HSS Chavakkad`	8022	Govt	Thrissur	Taekwondo
40	Govt Model HSS, Nadavaramb	8023	Govt	Thrissur	Taekwondo
41	GHSS Chaipankuzhi	8026	Govt	Thrissur	Taekwondo
42	St. Clares CGHSS,Thrissur	8052	Aided	Thrissur	Taekwondo
43	MASM VHSS Venmanad	8056	Aided	Thrissur	Taekwondo
44	Sacred Heart CGHSS, Thrissur	8059	Aided	Thrissur	Taekwondo
45	VPM SNDP HSS Kazhimbram	8061	Aided	Thrissur	Karate
46	S.S.G HSS, Puranattukara	8074	Aided	Thrissur	Taekwondo
47	Govt Model Girsl HSS, TSR	8137	Govt	Thrissur	Taekwondo
48	SDV HSS Peramangalay	8173	Aided	Thrissur	Karate
49	St.John's HSS Parappur	8177	Aided	Thrissur	Taekwondo
50	P.M.G.H.SS palakkad	9008	govt	Palakkad	Taekwondo
51	GMMGHSS, Palakkad	9009	Govt	Palakkad	Taekwondo
52	GHSS Vellinezhi	9012	Govt	Palakkad	Taekwondo
53	GHSS Big Bazar Palakkad	9015	Govt	Palakkad	Taekwondo
54	GHSS Kanjikode	9019	Govt	Palakkad	Taekwondo
55	Govt VHSS Agali	9032	Govt	Palakkad	Taekwondo
56	Cherupushipam GHSS Vadakkenssery	9037	Aided	Palakkad	Taekwondo
57	PTMYHSS Edappalam	9038	Aided	Palakkad	Wushu
58	Kalladi HSS, Kumaramputhur	9046	Aided	Palakkad	Taekwondo

59	MESHSS Mannarkkad	9055	Aided	Palakkad	Taekwondo
60	GHSS Kumarapuram	9074	Govt	Palakkad	Taekwondo
61	GTHSS, Sholyoor, Palakkad	9077	Govt	Palakkad	Taekwondo
62	GHSS Anakkara	9088	Govt	Palakkad	Taekwondo
63	GSMSS. Thathamangalam	9090	Govt	Palakkad	Taekwondo
64	Desabandhu HSS Thachampura	9140	Aided	Palakkad	Taekwondo
65	Govt. Girls HSS, Koyilandy	10005	Govt.	Kozhikode	Kalaripayattu
66	GVHSS Payyoli	10023	Govt	Kozhikode	Judo
67	GVHSS For Girls Nadakkavu	10025	Govt	Kozhikode	Taekwondo
68	GHSS Azchanvattom	10097	Govt	Kozhikode	Kalaripayattu
69	GVHSS, Atholi	10108	Govt	Kozhikode	kalaripayattu
70	Kunhalimarakkar Hss,Kozhikode	10153	Aided	Kozhikode	Taekwondo
71	St. Michaels Girls Hss Wearhill	10173	Aided	Kozhikode	kalaripayattu
72	St. George's Hss, Velancode`	10186	Aided	Kozhikode	Karate
73	Devadhar Govt, HSS Tanur	11004	Govt	Malappuram	Taekwondo
74	GVMC HSS Wadoor	11007	Govt	Malappuram	Taekwondo
75	Govt.HSS Kunnakkavu	11014	Govt	Malappuram	Taekwondo
76	GHSS Anamangad	11029	Govt	Malappuram	Taekwondo
77	Govt. Hss, Vettathur	11036	Govt	Malappuram	Taekwondo
78	D.U. HSS, Thootha	11046	Aided	Malappuram	Taekwondo
79	PTMHSS, Thzhekcode	11061	Aided	Malappuram	Taekwondo
80	PKMM HSS Edarikkode	11062	Aided	Malappuram	Taekwondo
81	ARHSS For Girls, Pavithapuram	11076	Aided	Malappuram	Taekwondo
82	Govt. HSS Nirmaruthoor	11125	Govt	Malappuram	Taekwondo
83	GHSS Aliparamba	11138	Govt	Malappuram	Taekwondo
84	GHSS Porur	11146	Govt	Malappuram	Taekwondo
85	NHSS Kolathur	11214	Aided	Malappuram	kalaripayattu
86	KHMHSS Valakulam	11223	Aided	Malappuram	Taekwondo
87	GHSS Kaniyambetta	12001	Govt	Wayanad	Taekwondo
88	Govt. HSS Meenangadi	12002	Govt	Wayanad	Taekwondo
89	GVHSS Kalpetta	12057	Govt	Wayanad	Taekwondo
90	GHSS , Chala, kannur	13021	govt	kannur	Taekwondo
91	K.P.C.HSS Pattanur	13063	Aided	kannur	Taekwondo
92	GHSS for Girls Madayi	13131	Govt	kannur	Taekwondo
93	CHM HSS ELAYAVOOR	13143	Aided	kannur	Taekwondo
94	SirSyed Hss, Karimbam	13170	Aided	Kannur	Taekwondo
95	G.HSS Chayoth	14016	Govt	Kasargode	Taekwondo
96	St.Jude HSS Vellarikundu	14030	Aided	Kasargode	Taekwondo
97	GHSS South Trikaripur	14042	Govt	Kasargode	Taekwondo
98	GHSS Kasargod	14043	Govt	Kasargode	Taekwondo
99	GHSS Chemnad, Kasargad	14056	Govt	Kasargode	Taekwondo
100	GHSS Balla East	14060	Govt	Kasargode	Taekwondo

If the provisionally selected schools are not attending the planning meeting, they will be excluded from the final list. Schools included in the waiting list will be provided with Karurth Unit.

Schools selected in waiting List.

1	NSS HSS Adoor	3030	Aided	Pathananthitta	Karate
2	Valamangalam SCS HSS	4126	Aided	Alappuzha	Taekwondo
3	St.Peter's HSS, Kolencherry	7089	Aided	Ernakulam	Taekwondo
4	Ebenezer HSS, Veetoor	7206	Aided	Ernakulam	Taekwondo
5	R.M.V.HSSPerinjanam	8201	Aided	Thrissur	Karate
6	C.V.M.HSS Vandazhy	9146	Aided	Palakkad	Karate
7	Lourde Matha HSS	9151	Aided	Palakkad	Taekwondo
8	N HSS Vakayad	10035	Aided	Kozhikode	Taekwondo
9	Crescent HSS Vanimal	10194	Aided	Kozhikode	Karate
10	CPP HM HSS	11220	Aided	Malappuram	Taekwondo
11	K.H.M.H.SS Alathiyur	11221	Aided	Malappuram	Taekwondo
12	Kadambur HSS	13064	Aided	kannur	Taekwondo
13	Koodali HSS	13167	Aided	kannur	Taekwondo
14	BEMHSS Kaargod	14100	Aided	Kasargode	Taekwondo

Principals of all the above schools shall take necessary steps to direct the KARUTH coordinator to attend the planning meeting scheduled with of fail.

**Sd/-
JOINT DIRECTOR (ACD)**

To,

1. All Regional Deputy Directors
2. The Principals