



DIRECTORATE OF HIGHER SECONDARY EDUCATION

CAREER GUIDANCE AND ADOLESCENT COUNSELLING CELL

ACTIVITY REPORT

2011 - 2012

Blessed beginning.....



Dr. S. Nazeeb, State Coordinator CG & AC receives Hon'ble Education Minister Sri. P.K.Abdurab in the State Level Inauguration of Souhrida Coordinators' Training

At the helm.....



Sri. M. Sivasankar, IAS
Secretary, General Education.

Director's Desk



A novel experience, a new awakening was felt in the Higher Secondary Sector of the state during the academic year 2011-12 with the Career Guidance and Adolescent Counselling Cell

conducting a variety of programmes. It gives great satisfaction that students as well as teachers took these programmes with great interest and achieved its goal. The programmes provided new experiences and opportunities to students to grab this brave new world with sense and elegance and to identify the various educational and vocational areas. The enthusiastic participation of the students is a proof to the fact that they felt these programmes very close to their heartbeats.

The care and initiation taken by the State Cell, especially its State Co-ordinator, to present the most suitable persons and situations in front of the students and to conduct the programmes earnestly and fruitfully was commendable. The voluntary

reports praising the programmes by those departments, agencies and schools associated with the cell stand testimony to the success of the programmes.

We were not able to spread the golden strands of this web to all the Higher Secondary Schools of the state. But as the web is completed it will provide the students with a new learning and living experience. These programmes which approach our adolescent dreams with affection and admonition to show them new horizons will strengthen the adolescent education.

Career Guidance and Adolescent Counselling Cell has presented the report of the activities done by them during the year 2011-2012. I wish all success and pray for more brilliant and jubilant coming years. I express my whole hearted gratitude to all the students, teachers, coordinators and all those who co-operated and the be all and end all of the activities.

Thanking You

P.S. Muhammed Sagir, IAS

Health Camps

Health Camps were conducted in 700 Higher Secondary Schools through soochrida clubs. Each camp was facilitated with the virtuous service of FICHL doctors (Psychologists, Psychiatrists, Gynaecologists, Pediatricians, and Physicians). The doctors talked to the students and parents about mental and physical health, Gynaecological issues, ecology and child rights giving stress to their concerned disciplines. After the discussion the doctors interacted with the students. Around 50000 students of Higher Secondary were benefitted with this programme. For conducting the programme each school was allotted sufficient funds. Almost all the schools organized this programme with its due merit.



Dr. C. S. Radhakrishnan speaking at Health Camps conducted by Soochrida Clubs in Higher Secondary Schools.

Souhrida Teacher Co-ordinators' Training

All the 700 Teacher Coordinators were given two days' training in each district. The training discussed the activities to be taken up by the Soochrida Clubs and clear cut directions were issued to them. The state level inauguration of the programme was by

Sri. P. A. Abdulrab, Hon'ble Minister for Education at Hotel, Chattram, Trivandrum. The programme was conducted in all the 14 districts in turn. The training programme in each district was very active with eminent faculty and genuine participation. The state co-ordinator himself attended all the trainings and gave necessary directions to the Teacher Coordinators. The sessions on Child Rights, Adolescents and Gender were handled by the faculty from Mahila Samakhya Society in all the districts.



State level inauguration of Souhrida Co-ordinators' Training at Hotel, Royal Park, Kollam. By Sri. Muhammed Sagir, IAS, Director, DHE.

Peer Education for Student Conveners

Students with initiative and leadership qualities were selected from schools. They were given two days' residential training in all districts. Around 1500 students participated and through them the whole schools got benefited. The state level inauguration of the training was by Sri. MuhammedSagir I A S, Director, D H S E at Hotel Royal Fort, Kundara, Kollam. The District wise training was organized by a selected team of Teacher Coordinators from respective districts. The sessions were handled by Doctors, Social Activists, Psychologists, Police Officers and Academicians in all districts. It was a new, worthy experience to the students of higher secondary.

Feminine Power

The Feminine Power was the recognition and honouring of the values of the female energy and giving it due importance and place in our daily life. It was a programme of interacting with the persons who have shown Feminine Power in their successful life. Three programmes were conducted at three different districts of the state. Around 2000 students and teachers participated in the programme. The programme conducted at Pathanamthitta District was inaugurated by Smt. Lida Jacob I A S, former Secretary, General Education, Olympian Bobby Aloysius and Veena George, media person from India vision. In Kollam the programme was inaugurated by respected Mayor,

Help Desk and Help Line

Help Desk was instituted in each schools to address issues of violation of child rights and social issues. Help desk comprised of teacher coordinator, selected teachers, students conveners, P T A President, staff secretary which is headed by the principal. When in need the Help Desk was assisted by Psychologists, Child Line and other professionals, doctors, etc. In critical conditions when the student is badly in need of relief, for rehabilitation and legal aid Kerala Mahila Samakhya Society Help Line was provided. During the academic year 2011-12, 29 cases were identified through help desk and healed with spot support and rehabilitation with the help of Kerala Mahila Samakhya Society.

Smt. Prasanna Ernest, Smt. Deepa.V.Nair I F S, Deputy Forest Conservator, Smt. KukkuParameswaran, Cine Artist and Smt.Parvathy, media person and Social Activist were also the part of the programme. In Alappuzha District the programme was inaugurated by Smt. Beena I A S, Director, Civil Supplies. Sheeba Ameer, famous social activist and winner of Woman of the Year 2012 Award, Kum. Gargi Thampuratti, the lady pilot from Kerala and Kum. Mariya Rony, International Tennis Star also participated. The programme was for a full day providing food and other materials to all the participants. In the discussion session the students enthusiastically participated and declared it as a great motivating experience.

| District | District Co-ordinator and Joint Co-ordinators | Date | Venue | Inaugurated by |
|--------------------|--|----------|--|---|
| Thiruvananthapuram | Sri. Anil G.R. (D C) Smt. Sreekala (J C) | 22/10/11 | GMHSS Thycadu | Dr. S. Nazeeb State Co-ordinator |
| Kollam | Fr. Thomas Grace (D C) Smt. Jayasree (J C) | 29/10/11 | Kristraj H.S.S. Seminar Hall. | Sri. P.G Thomas I A S. District Collector |
| Pathanamthitta | Smt. Leelamma George (DC) Sri. Sajayan (J C) | 23/11/11 | Balikamodom seminar Hall. Thiruvalla | Sri. Nazim Dy. S.P. |
| Alappuzha | Sri. A. Salam (D C) Smt. Ambika, R (JC) | 09/11/11 | Lake Daffodils Kayamkulam. | Smt. Gayathri Thampan Municipal Chairperson |
| Kottayam | Sri. Joby P.C (DC) Smt. Fousiya Beevi. K.M (JC) | 04/11/11 | SBHSS Seminar Hall Changanasery | Dr. S. Nazeeb State Co-ordinator |
| Idukki | Sri. K J Joseph Koikkal (DC) Sr. Mery Jacob (J C) | 24/11/11 | St. George HSS Hall Kattappana | Sri. Joseph Kurian Principal |
| Ernakulam | Sri. K J Joseph Koikkal (DC) Sr. Mery Jacob (J C) | 24/11/11 | St. George HSS Hall Kattappana | Dr. S. Nazeeb State Co-ordinator |
| Thrissur | Sri. K.S. Bharatharajan (DC) Smt. Sushitha. N.K (J C) | 16/11/11 | Seminar Hall GHSS Cherppu | Sri. V.A Francis I A S Dist. Collector |
| Palakkad | Sri. Haneef K T (D C) Smt. Lissy.P. Joseph (J C) | 15/11/11 | Seminar Hall GMMGHSS, Palakkad | Dr. S. Nazeeb State Co-ordinator |
| Kozhikkod | Sri. K Rajendran (D C) Sri. Nizar. C (JC) | 11/11/11 | Sikshak Sadan Kozhikkod | Sri. E K Jayarajan Regional Dy. Director |
| Malappuram | Sri. Muhammed. K (D C) Sri. Jamaludeen, T (J C) | 14/11/11 | Chemist Bhavan Malappuram | Sri. T V Ibrahim, Synidcate Member Calicut University |
| Wayanad | Sr. Mary M J (D C) Sri. Philip.C.E (J C) | 11/11/11 | Sacred Heart Seminar Hall, Nalloornad | Sri. Muhammed Basheer Dist. Panchayth President |
| Kannur | Sri. Rajesh N (D C) Smt. Rahina.M,C (J C) | 25/10/11 | St. Michel's HSS Common Hall, Kannoor | Dr. S. Nazeeb State Co-ordinator |
| Kasargod | Sri. Kareem Koyikkal (DC) Sri. Sajeevan. M (JC) | 24/10/11 | GMVHSS, Thalangara | Dr. S. Nazeeb State Co-ordinator |

The participation of the Career Guides was cent percent in almost all districts. The refresher training contributed much to the Career Guides and helped them to conduct the schools level activities properly. All the Career Guidance Units conducted a minimum of 2 programmes after assessing the need of the students of the area.

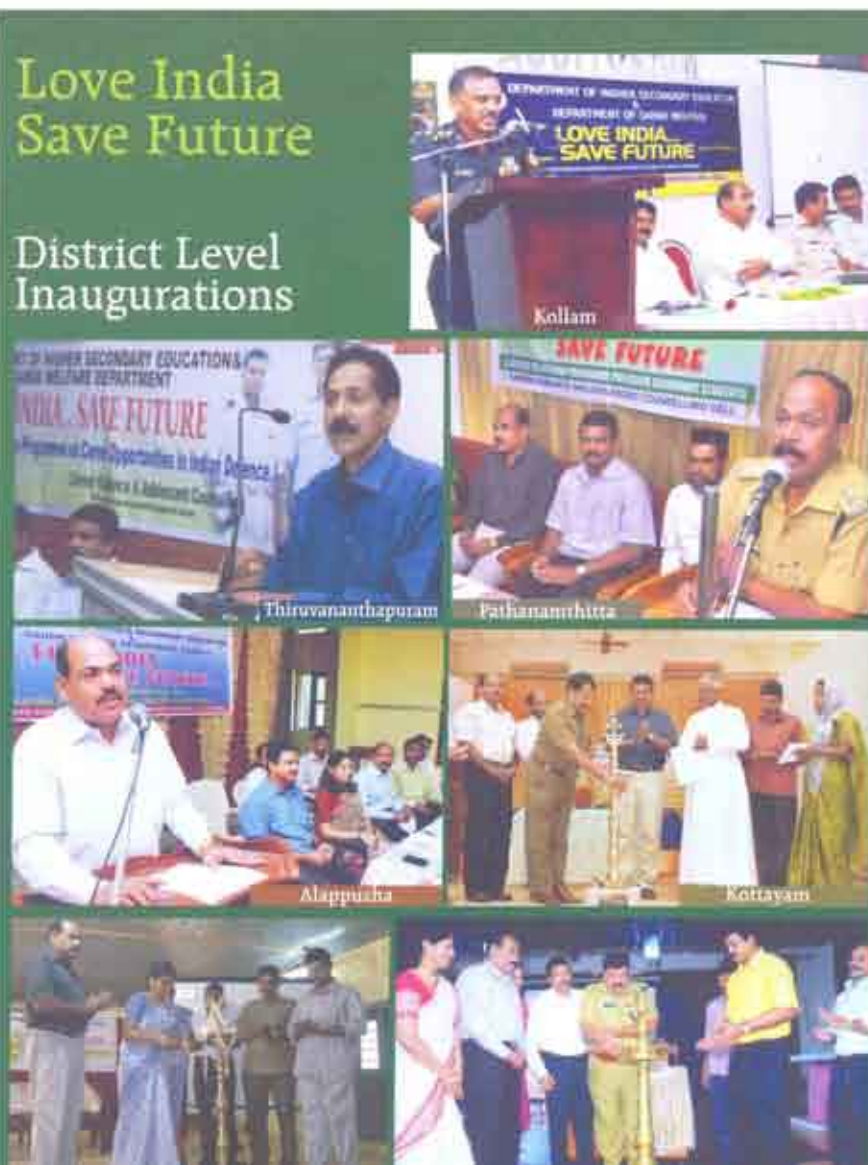
Love India: Save Future

The Defense Services offer dignified, disciplined and prestigious placements. An officer in the Indian Defense inherits glorious heritage and timeless traditions blended perfectly with the latest technology in the fields of management, Engineering and Medical Sciences. It offers a golden opportunity to be a part of the world's finest army and get trained not only to be an officer but also a gentleman for life. Unfortunately number of Keralites is very low in number in Indian Defense. This is due to the lack of proper knowledge and awareness about Indian Defense System.

Love India : Save Future is a special programme organized by the Career Guidance and Adolescent Counselling Cell for helping the students to find out educational and career opportunities in Indian Defense. It was an eye opening making them aware of the areas in Indian Defense where they can reach with their own merits. Around 3500 students and 1500 teachers were the direct beneficiaries of this programme conducted in all the 14 districts.

The message of this programme is propagated to all the schools in the state through the participants of the programme. The students of the Tribal Schools were given special consideration. For them the programme was separately conducted. The Programme succeeded in creating patriotic feeling among students. The services and help rendered by the Department of Sainik Welfare and its Director Captain Govindan Nair and his team was unforgettable and praiseworthy. He and his crew blessed the programme in all districts with their commendable presentation and interaction.

The state level inauguration of the programme was done by Brig. Sandeep Kumar, Director, Kerala NCC at Y M C A Hall, Kollam and an exhibition of Arms and Ammunitions, working models and descriptions on Defense was conducted there so as to provide a firsthand experience to the students. The exhibition was inaugurated by Sri. Krishna Kumar, Asst. Commissioner of Police, Kollam.



Love India Save Future

District Level
Inaugurations



Thrissur



Palakkad



Kozhikode



Malappuram



Wayanad



Kannur



Kollam



State level inauguration of Focus Point at Thrissur by Sri. Muhammed Haneesh I A S.
D P I & Director in charge of Higher Secondary

Focus Point

Focus Point

In Higher Secondary Schools 33 combinations of subjects are taught through various disciplines. The new comers of Higher Secondary are not aware of different options in Higher Secondary and the possibilities if they study each combination. A student after 10th standard never gets an authentic information about the future and career opportunities that he/she can achieve through Higher Secondary Courses. So the Career Guidance and Adolescent Counselling Cell conducted one week long help desk named 'Focus Point' for the students who apply for admission to plus one classes. The help desk enabled the students to focus a particular discipline with different higher study avenues and career options. Through Focus Point trained guides helped the students to select subject

combinations for their studies during the admission time. The training of the teachers who acted as guides was conducted by SIEMAT, Kerala. The Focus Point was conducted in each district centres. The State Level Inauguration of Focus Point was at Thrissur by Sri. Muhammed Haneesh I A S. D P I & Director in charge of Higher Secondary Education. Parents and students could interact with the help desk in person or through telephone. The information about the focus point was displayed at higher secondary school of the state. Hundreds of students and parents utilized the facility to their worth.

We Help

Anxiety to Examinations is an ever dilemma for some students and parents. To face the examinations without stress and strife these students need scaffolding. We Help was organized to manage this problem. We Help functioned in all the 14 districts of the state. Trained teachers formed the body of We Help. We Help functioned in all examination days and parents and students can seek help either in phone or in person. Telephonic aid was

provided throughout 24 hours of the day with the assistance of a psychologist. The programme was assisted by Department of Mental Health, Medical College, Trivandrum. In all the Higher Secondary Schools of the State the Telephone Numbers, and Venues of We Help was displayed. All the principals were directed to inform the students about We Help. Hundreds of students and parents got benefited from this.

Adolescent Health Education

Kerala State AIDS Control Society has entrusted Career Guidance and Adolescent Counseling Cell to conduct training of teachers at Thiruvananthapuram, Kollam, Alappuzha, Pathanamthitta, Kottayam, Idukki and Ernakulam district as part of Adolescent Health Education Programme. Consequently two teachers from all Government and Aided Schools of above districts were given training on the module prepared by KSACS. Major

points of discussion were life skills, growing up, Health awareness and basics of HIV. All the trained teachers have conducted 16 hours special training programme at their schools for the plus one students. The programme proved to be a pioneer step to the effective implementation of Adoloscet Health Education programme in Higher Secondary Sector.

Training at a glance....





Planning Session Chaired by Director, DHSE

Planning and Module Preparation

In order to conduct all the programmes related to Career Guidance and Adolescent Counselling in a uniform manner throughout the state during the academic year 2011-12, the Cell conducted a planning session with the involvement of experts in the field and District Coordinators. One day planning session was

arranged at Hotel Chaithram, Trivandrum and the session discussed different activities to be taken during the year. Module for district level and school level activities was discussed and formed in this planning session. The higher secondary director Sri.Muhammed Sagir I A S inaugurated the planning session.





ole models inspire



വാള



ലവ് ഇന്ത്യ സേവ് പരിപാടി തുടങ്ങി

ലവ് ഇന്ത്യ സേവ് പരിപാടി തുടങ്ങി

വെൺകുട്ടികൾക്കായ ശാക്തീകരണപരിപാടി

എ.കാട്ടി സ്ത്രീ മലയാള മനോരമ സെക്കൻഡറി: സൗഹൃദ ക്ലബ്ബ് തുടങ്ങി

കളിൽ ഹയർ സെക്കൻഡറി സ്കൂളുകൾക്ക് അവസരം

കളിൽ ഹയർ സെക്കൻഡറി സ്കൂളുകൾക്ക് അവസരം

പ്രതിരോധ സേനകളിലേക്ക് ഹയർ സെക്കൻഡറി വിദ്യാർത്ഥികൾ: പരിശീലന പരിക്ഷാപ്പേടി അകറ്റാൻ വി.പി.എസ്

സെക്കൻഡറി: സൗഹൃദ ക്ലബ്ബ് തുടങ്ങി

THE DAY EXPRESS Parents More Anxious L

പരിക്ഷാപ്പേടി അകറ്റാൻ വി.പി.എസ്

INDIA - NEW FUTURE

ശാഭിവാ

THE NEW INDIAN EXPRESS

ടർപറനത്തിനു വഴികാട്ടി 'ഫാക്കസ്' പോയിന്റ്

ശാക്തീകരണ പരിപാടി തുടങ്ങി

Health Camp in Schools to Fight Stress and be

ഫാക്കസ് പോയിന്റ്

NEW FEMININE POWER Clubs Set to Empower

കരളി

പരിതിയൻ പവർ' ശ്രദ്ധേയമായി

കളിലേക്ക്

കളിലേക്ക്

Should Learn to Assert Themselves'

Thanks.....

For creating feeling of 'love of being cared' in our student minds.....

Our younger minds are carried away with a presumption that world is at their finger tips.

So, it is natural to expect that any innovative programme, however small it is, should have a global perspective.....

The activities of Career Guidance and Adolescent Counselling cell 2011-12

were fine tuned in this direction and were proved to be unique in many ways.

We were in a mission to inculcate in our students the richness of human values and culture: to mould them into fine human beings.....

Our programmes were meant to enrich younger minds with emotions of togetherness, love, affection, and humility. The enthusiastic support and responses from Higher Officials, Govt. Departments, students, Teachers, media, Coordinators, Cell Staffs and all concerned were commendable.....

I earnestly believe these acknowledgements are disproportionately small to my gratitude to all those who supported this mission and stood with me;

though, still I feel that these acknowledgements are appreciated.....



Dr. S. Nazeeb

State Co-ordinator(CG&AC), D H S E